# COMPREHENSIVE COMMUNITY MENTAL HEALTH SERVICES FOR CHILDREN AND THEIR FAMILIES PROGRAM

Child, Adolescent and Family Branch
Center for Mental Health Services
Substance Abuse and Mental Health Services Administration
U.S. Department of Health and Human Services

#### **GRANTEE PROGRESS REPORT**

Project Number: U79SM-058506-06

**Project Name: Just Care Family Network** 

Reporting Period: October 1, 2013 – June 30, 2014

# I. Goals of the Project

There have been no changes in the goals of the project as described in the proposal since the last reporting period.

The purpose of Just Care Family Network (JCFN) continues to be to build a culturally and linguistically competent, community-based, family-driven, youth-guided and coordinated system of care that serves children and youth ages 5-19 with serious emotional disturbances (SED) and their families. Our mission is to "change the Memphis system of care to make life easier and less frustrating for the families that we serve. We partner with youth and families to link them to the services that they choose."

Tasks (grouped by related	Mor	nths	Ye	ear				Responsibility	Task Status
Objectives)	1-	7-	2	3	4	5	6		Update
	6	12							
GOAL 1: Establish a comprehensive System of Care for children & youth with SED & their families									
Objective A: Develop & expand partner collaboration over grant period to provide wraparound services									
Develop Interagency Agreements/MOAs	✓	✓	✓	✓	✓	✓	✓	GMT, PD	COMPLETED
Implement MOAs with agency and						1	/	PD, Full	31 executed as
community partners						•	•	Partnership	of 6/30/14
Monitor agreements as necessary								GMT, PD	Annual review
		✓	✓	✓	✓	✓	✓		by Coordinating
									Council
<b>Objective B: Develop the Steering Comm</b>	ittee,	Adm	inist	trativ	е Те	eam,	, and	d Care Review Tean	1
Hire Project Director	✓				✓			Shelby County	COMPLETED
Hire Family Support Providers and		1	1	1		1	1	TVC, CCN	Ongoing (as
Mental Health Consultants		•				•	•		vacancies occur)
Execute contracts with county	✓	✓	✓	✓	✓	✓	✓	PI, GMT	Each fiscal year
Finalize location and space arrangement	1				1			PI, GMT	COMPLETED
for staff	•								
Establish care review process via Care			1	1		<b>✓</b>		PD, GMT	COMPLETED
Review workgroup			_						
Establish Grant Management Team		✓			✓			PI	COMPLETED

Tasks (grouped by related	Moi	nths	Ye	ear				Responsibility	Task Status
Objectives)	1-	7-	2	3	4	5	6		Update
	6	12							
(GMT)									
Objective C: Provide child-centered, far to 450 SED children & youth and their fa								rally competent wra	paround services
Hire enrollment specialist						✓		Shelby County	COMPLETED
Revise JCFN Operations manual	✓	✓	✓		✓			PD, GMT	COMPLETED
Develop Flex Fund Policy		✓	✓		✓	✓		PD, GMT	COMPLETED
Develop Referral/Intake Procedures	✓	✓	✓		<b>✓</b>	✓		PD, MH supervisor, FSPS, enrollment specialist	COMPLETED
Standardize format for Individual Support								PD, MH	COMPLETED
Plan	✓	✓	✓	<b>✓</b>	~	✓		workgroup, Youth/ Family workgroup	COM ESTED
Recruit and enroll 90 families/year			✓	✓	~	~	~	PD, ES, FSPS, MH Supervisor, SMC, TA coordinator, families and youth	Ongoing through June 2014
Objective D: Increased participation of y sustaining and evaluating the model	outh	with S	SED	and	fam	ily r	nem	bers in planning, in	
Conduct focus groups, needs assessment,								Evaluation Team	Conducted April
case closure interviews, etc	✓	✓	✓	✓	✓	✓	✓		2014
Recruit youth & family members to all committees	<b>✓</b>	~	<b>✓</b>	<b>√</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	PD, LFC, Youth Coordinator, SMC, FSPs, MHCs	Ongoing - continue to identify youth/ families willing to participate in JCFN governance meetings
Hire staff who are family members	✓	✓	✓	✓	✓	✓		PD, GMT	Develop policy by October 2014
Hire Youth Coordinator and LFC		✓			~	✓	✓	PD, youth and family engagement contractors, youth and families	Completed
Expand Youth Council membership		<b>√</b>	<b>✓</b>	<b>✓</b>	~	✓	✓	Youth Coordinator, youth and families	Completed
Conduct youth needs assessment		~	✓	✓	<b>✓</b>	✓	✓	Youth Coordinator, Youth Council, Lead Evaluator	Complete by Oct 2014

Tasks (grouped by related	Mor	nths	Ye	Year				Responsibility	Task Status
Objectives)	1-	7-	2	2 3 4 5 6			Update		
	6	12							
Develop youth strategic plan			✓	✓	~	✓		Youth Coordinator, Youth Council	Complete by Oct 2014

# GOAL 2: Establish a reliable infrastructure to sustain a comprehensive *System of Care* for SED youth and their families

	their families								
<b>Objective A: Expand Coordinating Cou</b>	ncil to	o incl	ıde 1	repre	sent	ativ	es f	rom all current and	newly developed
Network services		_					1		
Redefine steering committee as Coordinating Council (CC); confirm mandated membership and maintain their participation					<b>✓</b>	✓		PD, GMT, CC, Full Partnership	COMPLETED
Develop operating procedures for CC	<b>✓</b>		<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		CC	Revise proposed CC by-laws by Oct 2014
Establish functioning workgroups (care review, mental health services, evaluation, CLC, workforce development, youth and family engagement, social marketing and sustainability)	<b>✓</b>	<b>✓</b>	<b>√</b>		<b>✓</b>	<b>√</b>	1	PD, CC, Full Partnership.	Mental health services, evaluation, social marketing, youth and family engagement, and sustainability have met monthly during this reporting period; care review, workforce development and CLC did not meet during this reporting period
Refine Logic Model	<b>✓</b>	~	<b>✓</b>	✓	<b>✓</b>	<b>√</b>	✓	Lead evaluator, GMT, Full Partnership, CC, workgroups	Next update to be completed by Oct 2014
Identify method for communicating information from workgroups						✓	✓	PD, JCFN staff liaisons, workgroup co- chairs, SMC	Ongoing
Develop Sustainability Plan						✓	✓	PD, sustainability workgroup, GMT, CC, Full Partnership	Completed
Objective B: Develop highly trained, cul	tural	ly sen	sitiv	e staf	f			•	

Tasks (grouped by related	Moi	nths	Ye	ear				Responsibility	Task Status
Objectives)	1- 6	7- 12	2	3	4	5	6		Update
Hire Training/Technical Assistance Coordinator	~			✓		✓		Shelby County	Position vacant
Hire Cultural and Linguistic Competency Coordinator						✓		Shelby County	Position vacant
Conduct training needs assessment		1	✓		<b>√</b>	✓		Training/TA and CLC Coordinators, Lead Evaluator	Complete by Oct 2014
Conduct/evaluate training sessions		<b>✓</b>	✓	<b>√</b>	✓	✓	✓	Training/TA, CLC and SM Coordinators, Lead Evaluator	ongoing
Objective C: Implement & refine shared	d elect	ronic	info	rmat	ion	syst	em		
Review Bowman MIS for compatibility	~	✓	✓	✓	✓	✓	✓	PD, GMT, Evaluation	Completed
Modify Bowman system as required to gather necessary data		✓	✓	✓	✓	✓	✓	PD, GMT, Evaluation	In Process and ongoing
Objective D: Develop strategic plan to identify & access adequate funding streams & community resources to ensure sustainability									
Establish Sustainability Workgroup		✓	✓	✓		✓	✓	GMT, CC	COMPLETED
Convene regular meetings of the sustainability workgroup						✓	✓	PD, Sustainability WG	On-going
Develop Sustainability Plan		✓	✓	✓			✓	GMT, CC, Sustainability WG	Completed
Identify development/fundraising consultants		✓	✓	✓	✓	✓	✓	GMT, CC, Sustainability WG	Complete by Oct. 2014
Implement/refine funding strategies		<b>✓</b>	<b>✓</b>	<b>√</b>	<b>✓</b>	✓	✓	GMT, CC, Sustainability WG, SMC	Complete by Oct. 2014
Conduct community fundraising		<b>√</b>	<b>√</b>	✓	<b>√</b>	✓	✓	GMT, CC, Sustainability WG, SMC	Complete by Oct. 2014
Cultivate key community resources		<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	✓	✓	GMT, CC, Sustainability WG, SMC	Complete by Oct. 2014
Submit funding proposals		<b>√</b>	✓	<b>√</b>	✓	✓	✓	GMT, CC, Sustainability WG, SMC	Complete by Oct. 2014
Coordinate & monitor funding streams		✓	<b>√</b>	✓	✓	✓	✓	GMT, CC, Sustainability WG	Ongoing
GOAL 3: Increase								nd reduce stigma	
	Objective A: Develop and initiate social marketing campaign through media coverage, public service announcements, print media, community activities & focus groups.								
Hire Social Marketing Coordinator (1.0 FTE)	✓			✓	✓			Shelby County	COMPLETED

Tasks (grouped by related	Mor	nths	Ye	ear				Responsibility	Task Status
Objectives)	1-	7-	2	3	4	5	6		Update
	6	12							
Develop community focus groups								Evaluation	Evaluation to
	✓		✓	✓	✓	✓			begin focus
									groups by Oct
Establish Social Monksting Worksmann	-	1	<b>/</b>	<b>√</b>		./	1	SM Coord.	2014 COMPLETED
Establish Social Marketing Workgroup  Develop Marketing & Communication	-	<b>V</b>	<b>Y</b>	<b>V</b>		<b>V</b>	<b>V</b>	SM Coord.,	Completed
Plan								SM Coold., SMWG,	Completed
1 Idii		✓	✓	✓		✓	✓	marketing	
								consultants	
Implement marketing strategies in plan						_		SM Coord.	Complete by
		✓	<b>V</b>	✓	<b>V</b>	✓	✓		Oct 2014
Evaluate/refine marketing strategies		1	./	./	./	./	./	SM Coord.,	Complete by
		•	•	•	•	٧	•	Evaluation	Oct 2014
Objective B: Educate school system pers									
and others who have frequent contact wi	th tar	get po	pul	ation	abo	ut S	SED		
Implement marketing strategies in plan				./	./	./	_/	SMC, all Staff,	Continue
		✓	*	<b>Y</b>	•	<b>v</b>	<b>V</b>	parents and youth	through Sept 2014
									2014
Document presentations/participation	+							SM Coord., all	Ongoing
Bocument presentations, participation		✓	✓	✓	✓	✓	1	staff, parents and	Oligonia
								youth	
Objective C: Educate youth & family m	embe	rs wit	hin	target	t cor	nmı	unit	· ·	OC values and
principles.									
Utilize marketing strategies in plan		✓	✓	✓	✓	✓	✓	SMC, all Project	In process
								Staff, parents and	
								youth	
Document presentations/participation		<b>✓</b>	<b>✓</b>	✓	✓	✓	✓	SM Coord., all	Ongoing
								staff, parents and	
COALA	<u> </u>			41	•41	CIE		youth	
GOAL 4: Improve									1 1 0
Objective A: Improve school functioning a	is evid	ienced	by	decre	ased	d1S0	cıplı	nary action, improved	grades &
improved attendance.  Provide wraparound services				<b>√</b>	<b>-</b>	<b>-</b>	<b>1</b>	FSPs, MHCs, and	Ongoing
1 Tovide wraparound services			'					supervisors, LFC,	through June
		✓						Youth Coordinator	2014
	<u> </u>								
Objective B: Improve emotional and behave	vioral :	functi	onin	g as e	vide	ence	d by		
Provide wraparound services			<b>✓</b>	<b>–</b>	✓	✓	✓	FSPs, MHCs, and	Ongoing
								supervisors, LFC,	through June
Objective C. Degrees innation the witali-	otion	rocida	ntic	Locac	ond	Orst	of 1	Youth Coordinator	2014
Objective C: Decrease inpatient hospitaliz Provide wraparound services	auon,	reside	ntia   🗸	care	and $\checkmark$	out.	-01-ľ	FSPs, MHCs, and	Ongoing
1 Tovide wraparound services			`			•	•	supervisors, LFC,	through June
								Youth Coordinator	2014
<b>Objective D:</b> Maintain in a family setting i	n their	r comi	mun	itv.	1			_ cam coordinator	
January Setting 1			,	,					

Tasks (grouped by related	Mor	nths	Ye	Year			Responsibility	Task Status	
Objectives)	1-	7-	2	3	3   4   5   6		6		Update
	6	12							
Provide wraparound services			<b>✓</b>	<b>√</b>	<b>✓</b>	<b>√</b>	<b>✓</b>	FSPs, MHCs, and supervisors, LFC, Youth Coordinator	Ongoing through June 2014
Objective E: Decrease family parent stress									
Provide wraparound services			<b>√</b>	✓	<b>\</b>	<b>√</b>	<b>√</b>	FSPs, MHCs, and supervisors, LFC, Youth Coordinator	Ongoing through June 2014

# II. Child and Family Services/Supports

Services for Children who have Serious Emotional Disturbance

Please check if you are primarily delivering services to youth who meet the following criteria or who are involved in the following systems:

☐ Young Children (Birth-5) ☐ Transition Age Youth	X Juvenile Justice	<ul><li>□ Primary Care</li><li>□ Developmental Disability</li></ul>
X Child Welfare  ☐ Other	<ul><li>X School Based</li><li>X Substance Abuse</li></ul>	LGBTQI
	1 11 1	.d

Indicate the number of children newly enrolled in services this period (Note: Include children who have been enrolled even if they are no longer receiving services):

20 Males 16 Females

Indicate the total number of children served to date (Note: Include both currently enrolled children and children who are no longer receiving services):

<u>168 Males</u> <u>95 Females</u>

Currently JCFN enrollees are:

- 61.3% male, 38.6% female 46 males and 29 females
- African American 66, White 5, Hispanic/Latino 1 and Bi-racial 3
- 88% African American, 0.6 White, 0.1% Hispanic/Latino, 0.04% are Multi-racial

Percent served between 5 and 12-40%; % Served between 13 and 17 - 54%; % Served Between 18 and 21- 0.054%

The client population continues to match the identified population in the project proposal – the majority of the youth currently enrolled in JCFN are African American and male. Racially and

ethnically this is reflective of the Memphis and Shelby County demographics according to US Census Bureau 2009 data, and is representative of the number of disproportionate youth in the juvenile justice and child welfare systems as identified in the grant. During this reporting period there was an increase in the number of enrolled youth under 13 and significant decrease in the number of youth enrolled who are over 18, while the number between 13-17 decreased slightly.

#### III. System Level Coordination/Infrastructure and Management Structure

The following key positions were filled during this reporting period: Youth Coordinator and Lead Family Contact. The Training/TA and CLC Coordinator positions remained vacant. During this period the number of FSPs decreased to 3 and MHCs were reduced to 2. As a result of the staff decrease, a plan for discontinuing referrals was developed.

During this reporting period the Project Director, Social Marketing Coordinator, other staff and parents conducted presentations in the community to provide general information regarding children's mental health and specific information related to the services offered by Just Care Family Network. The number of referrals continued to increase.

Staff continues to meet monthly with Juvenile Court (JC) staff to review shared cases and any new/potential referrals. The twice monthly JC Referral Report also continued. Both processes have increased and improved communication between agencies allowing a more comprehensive effort to facilitate addressing the needs of the youth and their families. Referrals of juveniles being represented by the public defender's office, although presenting a new challenge in the need to incorporate another very different system into the "mix", represent additional resources and services designed to address the needs of this very fragile population. The most recent meeting included staff from one of the local community mental health centers. The consistency and outcome of these efforts are expected to be beneficial to JCFN's involvement in the work related to the "Improving Diversion Policies and Programs for Justice Involved Youth with Behavioral Health Disorders" grant.

Staff was challenged during the current reporting period due to the loss of front line staff needed to continue providing services to the currently enrolled families as well as responding to the need to review and assess referrals (e.g., 30 referrals during the month of May 2014). This challenge is being met by conducting weekly in-house case reviews assessing progress (or lack thereof) and on-going needs of the youth and their families. These weekly meetings will continue for the duration of the grant.

The Mental Health Services Workgroup consistently met during this reporting period with a primary focus on addressing the on-going educational needs of the targeted population, which has been compromised by the consolidation of the local city and county school systems. Currently the relationship with Shelby County Schools (SCS) has led to SCS staff serving as members of the MHS workgroup; SCS speakers addressing the workgroup; and staff, youth and family members attending SCS events (SCS Community Education Forum; Exceptional Children's Parent Summit and Transition Fair; etc.). Finally, the Mental Health Workgroup parents and some staff have been asked to provide the initial membership for the newly formed SCS District Wide Family Resource Center.

The staff continues to work with other community providers in support and demonstration of the need and benefit of system of care principles in the following ways:

- Department of Children's Services (DCS) In-Home Tennessee MH workgroup
- Tennessee Department of Mental Health Region VII planning council
- Shelby County Blue Cross/Blue Shield Behavioral Health Advisory Board
- Shelby County Health Department Mental Health Emergency Services' Forum
- Memphis Mental Health Institute Board of Trustees
- System of Care Presentations to local community mental health therapists and case managers
- Participation in regional CLC Leadership forum and Family Matters Conference

Our other key stakeholder partners, Shelby County Schools and Department of Children's Services, have also contributed to an increase in the number of referrals. Representatives from these groups are also more active participants in project governance meetings and trainings. Enrolled families participated in many of our and our partners' community outreach activities and continued to actively recruit families. In addition, the parents and caregivers have created an active support network that has contributed to the increase in the number of self-referrals to the program.

The on-going collaborative team discussions, bi-weekly status report log to Juvenile Court, written/phone follow-up contact with referral sources, as well as demonstrated improved outcomes with referred cases, resulted in increased referrals from key community partners and the continued involvement of the referring agency (DCS, Juvenile Court and public schools) up to and often for the duration of the family's enrollment as well as overall improved outcomes for the family. These partner agencies are also beginning to: recognize and acknowledge the needs and strengths within the family unit, learn how to identify and include natural and formal supports when needed, and support the families as they advocate for themselves and others in the community. The improved communication and relationship building with these key community partners is also evidenced in their representation and participation on the workgroups (as regular members and as co-chairs), the Coordinating Council and the Full Partnership. Finally, JCFN continued to reap the benefits of the relationship with our contracted partner, Alliance Healthcare Services (AHS), formerly CCN and SEMHC.

The positions represented on the grant management team have not changed since the last report. Current members and responsibility areas are listed in the table below:

Member	Title	Agency	Responsibility Area
Dottie Jones	Director, Division of Community Services	Shelby County Government	Contract administration
Dr. Altha Stewart	Project Director	Just Care Family Network	Day-to-day operations
Susan Steckel	Principal Investigator	Tennessee Department of Mental Health and Substance Abuse Services	Contract and Project oversight

Kisha Ledlow (eff. February 2014)	System of Care Grants Manager	Tennessee Department of Mental Health and Substance Abuse Services	Grant contract compliance
Dr. Gregory Washington	Lead Evaluator	University of Memphis, Center for Advancing Youth Development	Evaluation and youth coordinator
Rikki Harris (eff. February 2014)	Executive Director	TN Voices for Children	Family support partner staff
Tonni Chew (DCS), Nancy Roll (JC), Ms. Viola Hudson (parent)	Co-chairs	JCFN Coordinating Council	Parent and Community governance representatives
Janet Whaley	Executive Director	Alliance Healthcare Services	Wraparound facilitator staff
Pastor Dianne Young	Program Director	Emotional Fitness Centers of TN	Lead Family Contact

The governance structure continues to function along the three (3) tracks established at the 2010 community retreat:

1) Full Partnership; 2) Coordinating Council; and, 3) workgroups. The meeting frequency for most groups is monthly – social marketing, mental health services, evaluation, youth and family engagement and sustainability met regularly during this reporting period. Workforce Development, CLC and Care Review did not meet during this reporting period due to the fact that the CLC and TA Coordinator positions remained vacant.

Workgroup meeting notices and minutes continue to be posted on the JCFN website (shelbycountytn.gov/jcfnmemphis) to provide open access to information regarding the planning, governance and sustainability efforts underway in the program. Efforts will continue in the no cost extension year (if approved) to dedicate energy and resources to assist all the continuing workgroups to become more effective supports for the planned sustainability efforts. Examples include the MH workgroup agreeing to serve as parent member core for the Shelby County Schools Parent Advisory Council and the Coordinating Council as the core for the countywide SOC system's community governance structure. Work will continue to determine the most effective manner for assuring that youth and families are not only represented on all governance bodies, but that they are provided with a consistent role in the decision-making related to overall JCFN operations. JCFN remains committed to implementing a consistent, transparent, and inclusive budget process and to overcoming any remaining barriers to achieving this goal.

The Shelby County Division of Community Services has continued the policy of implementing the wraparound approach throughout its service delivery system, but there was no new legislation developed during this reporting period.

As of June 30<sup>th</sup> there are 31 community partnership memoranda of agreements executed.

#### **Challenges/barriers:**

As the relationship with them has improved, the families referred from JC and DCS have presented with more complicated needs and issues. Staff continues to work collaboratively with both agencies, providing feedback as described in our last report. We continue working as a team using regular staff and team meetings to discuss cases, service needs and accessing available resources.

In the absence of a Training/TA Coordinator we continue to take advantage of numerous opportunities to obtain training for staff and families being provided by many of our partners throughout the County. As a member of the Shelby County initiative to infuse wraparound throughout all the County agencies serving our population of focus we have provided opportunities for staff to participate in area training on trauma focused care and CLC. This training is part of the overall sustainability planning for JCFN since many of the other agencies who participated refer to JCFN and will be working with our families following the ending of the grant.

# IV. Cultural and Linguistic Competence (CLC)

During this reporting period the CLC Coordinator position vacant since May, 2013 was not filled by a part time consultant as planned. In addition, there have been no enrollees that required translation services, but when needed these are available through Shelby County Government.

### **Challenges/barriers:**

In the continued absence of a CLC Coordinator, the rest of the team is working to assure that we identify and deal with barriers related to achieving a culturally and linguistically competent system including identifying opportunities for staff, families and youth that promote the importance of understanding one's cultural heritage as a strength that can be utilized to help parents and youth heal. We continue to look for opportunities in the community to create culturally appropriate, positive social and educational experiences for our families that promote healthy youth development and positive parenting. For example, we received additional support through the Council on Children's Mental Health (CCMH) CLC Advisory Group that helped to plan a regional CLC training in May 2014.

#### V. Family Involvement

The challenges addressed during the year 5 federal site visit have been resolved and families are once again fully engaged with staff working their plans as well as working at all levels of governance, training and support. During this reporting period the LFC position was filled through our newest contract partner, the Emotional Fitness Centers of Tennessee. The collaborative agreement community partners (DCS, schools, mental health providers, local youth programs, and juvenile court) continue to embrace the concept of family driven care, as evidenced by their participation in governance work groups and use of the wraparound approach.

There continues to be family and youth participation in our governance meetings including the Full Partnership, Coordinating Council, youth & family engagement, social marketing, evaluation, mental health, sustainability, and evaluation work groups. The emerging parent support group continues to take the lead in assuring the word gets out regarding all workgroup meetings, especially the youth and family engagement group, to provide input about issues and concerns that they feel need to be addressed or changed.

Outreach efforts to our local community and our partners moved forward as planned. During this reporting period JCFN families planned and coordinated efforts for a two-day "Family Matters Conference" focusing on Mental Health awareness. In this final grant year, more has been done to actualize the principle of full integration of families into the operational component of JCFN in anticipation of a successful transition to a sustainable family organization to continue the work begun under the JCFN grant. A core group of JCFN parents were involved in the planning meetings for the transitional process at the end of the grant. The Director of Community Engagement from the Mental Health Association in Rochester, NY provided technical assistance to the families and JCFN staff.

During this reporting period, the Prime Time Sister Circle support model that began with four caregivers receiving training in Santa Fe, New Mexico over a year ago has been successfully implemented in Memphis. The group of 25 dedicated women successfully completed the 12 week program which concluded with a graduation ceremony at which Shelby County Mayor Mark Luttrell gave the commencement speech. The goal now is to create a funding mechanism to conduct other groups going forward with the same enthusiasm for self-care and support of fellow caregivers.

#### **Challenges/barriers:**

Previously, family engagement was directed at only a small number of families and there were no overall policy recommendations related to increased participation or operational changes. The current contractor, Emotional Fitness Centers of Tennessee (EFCT), was engaged at the beginning of this reporting period and has provided substantial support to our families. EFCT and its entire staff are well-respected by the families and are working to create family driven policies and practices during the final months of the grant and into the no cost extension year. They have established appropriate work space at their program site as well as support to families who work in the grant office when needed. They reestablished a strong relationship with the families through meetings and regular telephone calls, as well as the use of texts, emails and USPS to communicate with families about activities in the community. Planning continues related to development of the local family organization which was a part of the original grant and the initial strategic plan. An application for membership in the National Federation of Families for Children's Mental Health and the development of the local family organization is underway.

No family member was hired during this reporting period. During the remaining months of the grant more will be done to actualize the principle of full integration of families into the operational component of JCFN in anticipation of a successful transition to a sustainable family organization to continue the work begun under the JCFN grant. This work will continue into the no cost extension year if approved.

A major barrier our families face in participating in governance meetings continues to be transportation. Memphis/Shelby County is a community with high poverty and a poor public transportation system. To address this issue, we continue to encourage carpooling and provide gas cards to supplement personal vehicle use as needed.

#### VI. Youth Guided

The Youth Coordinator position was vacant for a brief period in 2013; however, youth were continually involved by serving on the Full Partnership and Coordinating Council, and regularly participating in workgroup meetings. Several youth are workgroup co-chairs and are working to assist us in identifying and providing the proper supports to address the system-wide goal of being youth guided. The governance meetings were held at times that are convenient for youth and their participation was also supported by the PD and other key personnel.

In October 2013, the Youth Coordinator position was filled and youth engagement efforts were kicked off with a brunch introducing the new Youth Coordinator and Family Lead Contact to enrolled families. The first task of the new Youth Coordinator was to create a youth council open to all Just Care Family Network enrolled youth as well as Shelby County youth ages 12-19 who have the desire to be a part of an organization that promotes positive youth development. This was done as part of a plan to create a county-wide youth council in support of several other grant funded programs that serve the same population of focus. Youth registered to become members of the youth council and nominated officers at a brunch in November 2013. Later, youth council officers were elected and drafted by-laws to establish council guidelines during monthly meetings. Many of the current and former JCFN youth will work with this new council which will be meeting for the first time in November 2014.

The Youth Coordinator created a Youth Engagement Needs Assessment (Y.E.N.A.) tool that was completed for all enrolled youth to identify needs, strengths, interests, areas of improvement and special concerns. This tool was used to look for opportunities for youth involvement already existing in the community and guide ideas for new engagement opportunities. The Y.E.N.A. was used to help tailor activities for individuals, such as finding and enrolling in a six week art program. The Y.E.N.A. was also a catalyst for planning a healthy hair workshop for youth and parents.

Youth council members and JCFN staff decided to make a stigma reduction song and music video that could assist in sustainability efforts and be used as a social marketing tool. Completing the song and video was a four months long process in which council members not only stayed the course but increased in number as they were joined by family members and local youth who wanted to participate. Youth wrote the song, recorded in a studio, and filmed the video, some even getting the opportunity to work behind the cameras. The finished product, "Fly Away" is a wonderful song and video that promotes mental health awareness and has received rave reviews. The video can be found on the JCFN YouTube page at <a href="https://www.youtube.com/watch?v=S4-Mc1TXGqM">https://www.youtube.com/watch?v=S4-Mc1TXGqM</a>. Participants and their families enjoyed a first class premiere of the video, complete with red carpet and 'paparazzi'.

JCFN youth leaders are earning recognition for their efforts. The Youth Council president was

nominated for and won the statewide Youth Excellence Award. He traveled to Nashville to receive the award from the Tennessee Commission on Children and Youth. The Shelby County District Attorney congratulated him upon his return in another ceremony. Another Youth Council member was a finalist (the youngest finalist) in the *Youth Engaged 4 Change* poster and photo contest, a national competition.

#### **Challenges/Barriers:**

Youth participation waned during the period when the Youth Coordinator position was vacant and the new Youth Coordinator was challenged with re-engaging youth in activities. Plans for a Youth Move chapter were put on hold as the Youth Move regulations stipulate that all registered chapters identify first and foremost by the Youth Move title. Concerns of JCFN staff will be discussed to assure that all youth concerns are addressed prior to the submission.

Due to the innovate approach of youth engagement activities and increased attention, there is increased desire and competitiveness from youth to participate in activities. Resulting is a need for increased frequency of activities and activities for youth that may not be eligible or suited for existing opportunities. Specifically, parents have expressed the need for programs for children under the age of 12. Due to transitioning and preparations for the final grant year, there are fewer staff members to support these activities. In addition, due to the part time status of the Youth Coordinator position, planning and preparation for activities happens at a less than ideal pace.

Despite the challenges noted during the last reporting period, youth continued to be actively involved in key governing body functions, serving on the Full Partnership and Coordinating Council, and regularly participating in workgroup meetings during this reporting period. Several youth are workgroup co-chairs and are working to assist us in identifying and providing the proper supports to address the system-wide goal of being youth guided. Moving forward into sustainability, it is expected that youth engagement efforts will include the following: expansion of pro-social activities to incorporate more of the enrolled youth in the youth council, inclusion of youth in the selection process for activity participation, and specific youth developed input into policy recommendations and solutions to address issues raised by them as creating barriers to optimal functioning in all areas of their lives.

#### VII. Social Marketing/Public Education Campaign

As part of our continued community outreach efforts during this reporting period (October 2013-June 2014), the Social Marketing Coordinator continued to use a short docu-film highlighting the challenges and successes of the program. Youth/families and community partners were featured and shared their stories about how JCFN has transformed their lives and the Memphis child serving system. The video premiered during the Federal Site Visit in April 2013 and remains an integral part of social marketing presentations and community outreach efforts.

In addition, Just Care Family Network youth council members embarked on a mission to create a mental health awareness song and music video with media consultants at Optimum Studios. No one knew the monumental task that lie ahead yet youth stayed the course and were able to complete the challenging endeavor. They were joined by brothers and sisters, and friends who

wanted to take part in the unique experience. Youth stepped up during the process to showcase a range of talents, from song writing to rapping to singing to choreographing to dancing and *their* ideas guided the entire process. The high level of participation was made possible by parents, grandparents, and families who encouraged and supported youth every step of the way. The outcome was a brilliant collaborative effort that serves a noble purpose to spread awareness. <a href="https://www.youtube.com/watch?v=S4-Mc1TXGqM">https://www.youtube.com/watch?v=S4-Mc1TXGqM</a>

At the demand of our young ladies, for the second year in a row JCFN staff coordinated a 6-week girl's empowerment camp, *Love You Like A Sister* (LYLAS), with our partners at Time For a Change Inc., a newly launched program aimed at improving adolescent girls self-esteem, self-image and self-worth. The mission of LYLAS is to create a strength-focused environment centered on enhancing life skills and modeling the principles of positive womanhood. The goal of the LYLAS program was to engage young sisters of JCFN individually, as well as through group and family activities, and empower them to become healthy, extraordinary leaders promoting social change. Curriculum focused on budgeting/math, science, etiquette, self-defense, healthy food choices/cooking, sex education, self-esteem, and substance abuse. JCFN girls successfully completed the program and continue to participate with Time For a Change Inc. in weekly community meetings.

The Social Marketing Coordinator coordinated community-outreach with the Project Director and JCFN staff in the Shelby County Health Department's Public Health Emergency Preparedness Mental Health Forum at the Hilton Memphis. Wraparound Facilitator Danisha Oliver hosted a session about helping children cope after a disaster. The Project Director served as the keynote speaker and the event included a full day of dynamic speakers, breakout sessions, and a panel discussion among mental health providers, first responders, parents, students, and government officials. The Social Marketing Coordinator hosted a JCFN vendors table where we shared information about the program.

In March the Social Marketing Coordinator and PD attended the Tennessee Commission on Children & Youth (TCCY) Children's Advocacy Days in Nashville. JCFN Youth Edward Johnson received the *Youth Excellence Award* in "recognition of his commitment, courage and dedication to overcoming challenges, becoming a productive citizen, and helping other youth do likewise". Johnson was chosen among youth across the state as the award recipient. JCFN sponsored a vendor's table at the conference to share information about our system of care program in Shelby County. As continued community outreach we distributed a press release throughout the community about Edward's accomplishments. The local newspaper (The Commercial Appeal) also printed an article sharing Johnson's story.

Other social marketing/community outreach activities during this reporting period included the following:

Facilitating JCFN participation in Broken Brains, a mental health awareness video. The
Project Director and JCFN parents were interviewed. Director, Writer, and Co-Producer
of Broken Brains, Jennifer Buback, plans to use the documentary on an awareness
website that will allow families and individuals in every state to find healthcare
providers, treatment facilities, and the support they need. The PD shared information
about the JCFN program during her interview and family members shared their stories.

 Participation in several community outreach and collaborative activities including Shelby County Schools Mental Health Center, Shelby County Health Department, Time for a Change Inc., Emotional Fitness Centers of Tennessee, In Home Tennessee, West Tennessee Counseling Association, Shelby County Aging Commission, and the Disproportionate Minority Contact board.

JCFN once again fully embraced the celebration of Children's Mental Health Awareness Week (CMHAW) in May by sponsoring programs throughout the month. The JCFN staff facilitated family, youth, staff, and community volunteer participation in a proclamation kick-off celebration, a community block party, graduation celebration for a caregiver support group, a regional cultural and linguistic competency training, and a family driven forum to culminate the month's awareness activities (photos below). To kick off the month's events JCFN was honored to receive the American Psychiatric Foundation Award for Advancing Minority Mental Health for 2014. This award was established to recognize mental health professionals and mental health programs that are undertaking special efforts to increase public awareness of and secure quality and comprehensive mental healthcare for underserved minorities. The PD, Social Marketing Coordinator (SM), youth and family member traveled to NYC to accept the award including a \$5,000 check at the APF gala in New York City.

#### Other events in honor of CMHAW for 2014 included:

- o JCFN hosted a National Children's Mental Health Awareness Day proclamation ceremony and celebration to raise awareness about the importance of children's mental health. The SM coordinated sponsorship with the Lemoyne Owen Community Development Center to hold the event at the Town Center Soulsville USA. The theme for the celebration "Building Circles of Wellness" focused on the unique needs of young adults with mental health challenges. During a proclamation ceremony with Memphis and Shelby County officials, the community reinforced their commitment to the total wellness of children and youth. Attendees participated in the national PSA campaign "I Won't Stand For" crafted to send the message that they won't stand idly by in the face of hate, discrimination, and stigma.
- o JCFN hosted the first regional Cultural and Linguistics Competency (CLC) Training in Memphis for mental health professionals and community members who serve the region's mental health population. The event was co-sponsored by the University of Memphis and held at the Fogelman Executive Conference Center. Early Connections Network CLC Manager Tasha Chusac, Value Options Behavioral Health Services Vice President of Wellness and Recovery Clarence Jordan, and UTHSC, Co-Director of the Health Disparities Center Dr. Patricia Matthews-Juarez hosted the event. The planning committee worked hard to create a curriculum that combined the basic principles of CLC with practical skills for incorporating CLC principles, values and practices into the child serving programs in Shelby County. The day long event concluded with a premeire of the final product of JCFN youth's dedication and commitment to stop stigma with their mental health awareness video "Fly Away". JCFN hosted a red carpet premiere at the University of Memphis. Tuxedo shirts, LED

lighting, red carpet interviews and cameras flashing made the premiere a night to remember. Youth, staff, and parents shared their experiences with the project and celebrated the evening with singing and dancing. Entertainment was provided by three violinists with *Art For Life's Sake*.

- O JCFN families together with our partners at the Emotional Fitness Centers of TN and UT Health Science Center hosted an educational forum focused on family driven care in Shelby County. The forum was open to the public. The two day conference included keynote speakers Terrell "TJ" Johnson and Melanie Funchess. Community partners and families gained valuable information during break-out sessions and at community resource tables. The conference was a celebration of the 6th year of our grant in recognition of our long-time supporters. The evaluation team from the Center for the Advancement of Youth Development presented evidence on data collected throughout the grant, and we revealed our youth-produced mental health awareness video. The event was held at the UTHSC Student Alumni Center. Shelby County District Attorney Amy Weirich welcomed guests to the forum challenging everyone to be experts in determining the needs of their family.
- O JCFN staff and partners participated in the "Walk Me Home...to the place I belong" 5K presented by the Tennessee Foster Adoptive Care Association on May 31, 2014. The walk focused on supporting foster children and youth throughout the State of Tennessee and the entire country. JCFN was an official sponsor of the event that took take place at Shelby Farms. Ladies from the Memphis Sisters Circle of Love and JCFN staff participated in the walk which raised over \$6,000.

Our monthly community newsletter "Help Is Here" continues to be published and provides information to educate our target population and the community about JCFN services and highlighting the hardworking staff and a community partner monthly. It also shares JCFN education and empowerment activities, awareness month initiatives, community partnerships, and youth and family resources.

#### **Challenges/Barriers:**

During the JCFN Year 5 Federal Site Visit, the site visit team noted that our social marketing and communication efforts have increased significantly within the past year. Strengths observed include JCFN's improved efforts to disseminate data and information through social media, weekly mail-outs, and our monthly newsletter. The site visit team challenged JCFN to expand our public education efforts and "develop multiple communication strategies to ensure that all information received by families is accurate, timely, and communicated in family friendly language." To effectively communicate this goal with youth, families and the community, JCFN posted the full site visit report on our website

(http://www.shelbycountytn.gov/index.aspx?NID=2646) and in September began posting workgroup dates and times, meeting minutes, and community webinar opportunities. JCFN also requested that youth and families share their ideas about how we can better communicate with them via the newsletter, website and the various social media platforms available.

JCFN continues to actively work to address the challenge of ensuring that youth and families understand their roles on workgroups and leadership councils. During this reporting period families had the unique opportunity to receive the training needed to become Family Support Specialist (FSS) certified and many faced the challenge of successfully completing the test. The FSS provides State certification for individuals who provide direct caregiver-to-caregiver support services to families of children and youth with emotional, behavioral, or co-occurring disorders.

JCFN followed the recommendations in the year five site visit report and "exploded" in the social marketing area with the publication of a monthly newsletter and visible Twitter and Facebook presence.

JCFN is actively working to address the challenge of ensuring that youth and families understand their roles on workgroups and leadership councils. During this reporting period youth and families began participating in Technical Assistance conference calls. JCFN began working with the new national TA partner, the TA Network.

Below are several photos (also available on the JCFN website and Facebook page) highlighting parents, youth, staff and partners in action.



Edward Johnson pictured with DA Weirich, PD, SM, his mom, and natural support.



PD and JCFN parent Debra Warren interviewed on WMC-TV where Ms. Warren shared her story with the community about children's mental health awareness. (See JCFN logo in background.)



The Project Director interviewing for Broken Brains, a documentary about children's mental health.







(above) Photos from the "Fly Away" red carpet video premiere at the U of M; (below) Facebook insights highlighting our community engagement and growth during a portion of this reporting period





JCFN staff, family and youth pictured above with Dr. Gary Blau at the 24<sup>th</sup> Annual National Federation of Families for Children's Mental Health conference in Washington, DC.

# SHELBY COUNTY GOVERNMENT

LIKE US ON FACEBOOK!



Staff and families

accepted the award

benefit on Saturday,

May 3, 2014 in New

This award was

recognize mental

and mental health

programs that are

undertaking special

efforts to increase

healthcare for

public awareness of

and secure quality and

comprehensive mental

underserved minorities.

is honored to have been

named recipient of the

American Psychiatric

Foundation Advancing

Minority Mental Health

Award for 2014," said Dr.

"Just Care Family Network

health professionals

established to

during the Foundation's

# Sharing a System of Care In Shelby County "Help Is Here"

A department of Shelby County's Division of Community Services, JCFN is a federally funded grant program through SAMHSA, administered by the TDMHSAS.

OLUME 2, ISSUE 3

APRIL-MAY 2014



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Visit our website by scanning here:



# COMMUNITY RESOURCES

American Red Cross 901-672-6347

Memphis Child Advocacy Center 901-525-2377

Support and Training For Exceptional Parents (STEP) 800-280-STEP

Health & Human Services Info Dial 2-1-1

Mid-South Food Bank 901-527-0841

Neighborhood Christian Center 901-323-4092

Network for Overcoming Violence & Abuse (NOVA) 901-222-3990

# JCFN In The National Spotlight



JCFN Accepting the APF "Award for Advancing Minority Mental Health" in New York on May 3, 2014



JCFN Parent Ms. Jeffrey Neely accepted the award on behalf of the program and shared her story with attendees

> Altha Stewart, "We are pleased to join the ranks of other recipients across the nation and proud of the work that Just Care Family Network has done to warrant this honor. As director of this program, I

witness on a daily basis the strength and resilience in our youth and families and the pride and passion for this work by the hardworking staff. We thank Shelby County government and the TN Department of Mental Health and Substance Abuse Services for their support of the program, as well as our 31 community partner organizations, and of

course the youth and families of Just Care Family Network. This award is concrete evidence of the value of the work we are doing and is now part of the national effort on behalf of improving the quality of life for the population we serve here in Shelby County. I am personally honored and humbled to be a part of this initiative and know that we have created something that will benefit the community for years to come."

All Children's Mental Health Awareness Activities were highlighted in the special edition of our May 2014 newsletter.



JCFN youth, families, and community members at the proclamation celebration

#### VIII. Evaluation

The University of Memphis, Center for the Advancement of Youth Development (CAYD), remains an active partner in the Just Care Family Network (JCFN) System of Care (SOC) in part by providing leadership for both the local and national evaluation activities. The CAYD evaluation team has been stable and is led by Lead Evaluator, Dr. Gregory Washington, Associate Professor in the Social Work Department at the University of Memphis. The evaluation team has routinely incorporated 2-3 Social Work interns into JCFN infrastructure. The interns have become a valuable asset to various components of JCFN. They have been used to facilitate meetings, develop creative content, in house training, and facilitate

public events. The students also have been instrumental in youth engagement efforts and outreach, a newly assigned role for CAYD during this reporting period. CAYD has also been able to provide training and expansion of content knowledge of students who participate in the internship program. This subset of students will have a more intimate knowledge of Wraparound principles and theories as they enter the workforce to serve the population this project seeks to assist. To ensure regular communication and maintain accountability to partners, CAYD regularly attends JCFN staff meetings, workgroups, and trainings hosted by JCFN. CAYD maintains an on-site presence at the JCFN office to enhance efficiency and communication with frontline staff as well as discuss any challenges with engaging families into evaluation and youth engagement activities. The CAYD staff also utilizes these meetings to discuss youth engagement services and plans. This has been crucial in ensuring the JCFN youth, families, and community partners are aware of all opportunities afforded them through this newly assigned role as well as offer critical input during planning efforts.

CAYD has maintained the role of coordinating evaluation activities JCFN and has continued to administer the national and local evaluation in accordance with the SOC guidelines and empowerment evaluation principles and practices. In March of Year 6 intake interviews for the national evaluation study were halted and CAYD conducted its final follow-up interviews in early May. CAYD continues to conduct local evaluations for JCFN partners as requested as well as evaluate local JCFN initiatives such as Primetime Sister Circles of Care or LYLAS (Love You Like a Sister) girl's empowerment camp. Other important activities of note are our participation in local Health Department Mobilizing Action through Planning Partnerships. This is an initiative geared towards the use and dissemination of health data to better utilize assets to address community identifies issues. Another activity was the data summit during JCFN's first annual Family Matters conference. CAYD facilitated a data dissemination discussion characterized by focus groups, longitudinal study experience stories from enrolled family and youth, and community feedback panels to be used in conjunction with JCFN sustainability strategic planning. CAYD continues to assist in sustainability planning efforts through data collection, providing supportive documentation, accepting responsibilities related to project management, and staff meetings to review sustainability plans for JCFN.

On-going evaluation and youth engagement activities during Year 6 include:

National Evaluation: 100 youth and families have been enrolled into the national evaluation. The chart below depicts the number of youth and families who have completed baseline or follow up interviews with the national evaluation team. It should be noted that this chart also contains information from youth and families who were referred to JCFN but did not enroll into services, hence the large number of baselines when compared to the follow up benchmarks. This data is a representative snapshot and also includes partially completed interviews and skip outs because of the nature of the longitudinal data gathering process. In addition to regular quarterly community evaluation reports, CAYD has also drafted an Executive Summary Report that shares outcome data from Data Profile Reports and local evaluation projects. CAYD has also in conjunction with Youth engagement activities collected local data from youth and families during projects and as part of advocacy efforts. These reports are shared routinely and disseminated to youth, family members and community partners in the JCFN Full Partnership, Coordinating Council and Evaluation and Sustainability workgroup meetings to ensure the

community has an awareness of the changes families are reporting and some resources available to them.

#### **Summary Data from National Evaluation study**

Site Name	Baseline Interview #started/#completed		Follow-up Interview #due/#completed			
		6	12	18	24	
		mos.	mos.	mos.	mos.	
<b>Tennessee (Shelby County)</b>	460/452	95/71	95/65	78/46	67/36	

The following strategies have been utilized to increase youth and caregiver enrollment and retention in the National Study as well as engage them in all evaluation activities:

- \*Actively engage families and youth at the parent support group meetings and other events, as well as calling and visiting youth and families to improve enrollment and retention rates for the national evaluation study.
- \*Actively engage families and youth in empowerment evaluation workshops as well as our local partners and community agencies. We have systematized local evaluation processes to promote more frequent use by our partners and community members. This is evidenced by evaluation protocol used at most if not all partner trainings, events, and local projects.
- \*The community report has been routinely shared with JCFN leadership to clarify outcomes and help in promoting understanding and to maintain accountability and transparency.
- \*Encourage CAYD and JCFN participation in webinars designed to maintain accurate procedural changes implemented by SAMHSA and update knowledge about evaluation resources and tools
- \*Attend training institutes, social work and evaluation national conferences, and host information sharing events to disseminate information learned from JCFN evaluation and at these various conferences.
- \*Collaborate with JCFN Social Marketing Coordinator in implementation of the social marketing plan.
- \*Facilitate Youth Guided Empowerment Evaluation Consortium (YGEEC) Camp and Think Tanks for JCFN enrolled and other Shelby County Youth. This has included certifying YGEEC youth to share CAYD Asset Mapping initiative outcome data with youth, families, frontline staff and contracted partners. This has enhanced the ability of the JCFN community to connect with culturally appropriate resources (assets) that address mental health needs.

#### **Other Activities:**

\*CAYD has connected with the System of Care network to share YGEEC strategies for engaging

youth in SOC activities and will continue to focus on the JCFN sustainability plan.

\*CAYD is implementing of the EZ Wraparound Fidelity instrument in to an evaluation protocol with a sample of JCFN enrolled families.

\*CAYD is also developing a family report card to be used in conjunction with wrap and child family team meetings so the team can use this information to address areas of need and celebrate successes.

\*Our Senior Research Associate, Christy Peterson, has accepted responsibility for coordinating the collection of all data related to preparing mandatory reports (Match, Monthly Operations Report, TRAC, etc.) to assure our continued compliance with data collection and reporting requirements, and has done an excellent job of assuring that the information is collected and disseminated in the appropriate format and in accordance with reporting guidelines. We have also increased the integration and use of University of Memphis Social Work Students on the JCFN project and evaluation team.

In addition, CAYD has expanded evaluation and technical assistance services to the community partners. We have continued to have youth produce S.E.E.D. (System Evaluation for Evidenced Based Direction) reports with the assistance of CAYD staff. SEED Reports are tools offered by the JCFN enrolled and non-enrolled youth that help the community better understand mental health challenges, and to act on suggested solutions that will improve the social, emotional, spiritual, economic, and mental wellbeing of youth and families. They also inform policy makers and serve as a dissemination point for evaluation information and a point of contact between the community and the JCFN evaluation team. We continue to adhere to the SOC values and guiding principles and empowerment evaluation as we engage the community in evaluation activities. We have analyzed this data and used the Center for the Advancement of Youth Development's national faculty network, advisory boards as well as local leaders to provide high quality training, information, and resource connections to the community that support JCFN efforts in the community.

### **Challenges/Barriers:**

- The empowerment evaluation approach of the project and its subsequent focus on knowledge and skill building needs to be better understood by all grant partners and the community at large.
- There is a continued challenge to get data from some partners in a consistent manner for TRAC goals and other required reporting.
- Getting service and cost data was slowed by the inability to engage the contracted partners in needed discussions regarding the best method for obtaining this information.
- While there is progress, we would like to expand the ability of youth, caregivers and community partners to be empowered to understand JCFN outcome data and evaluate their personal, family and community mental health needs and resources.
- There is a need for additional efforts to sustain empowerment evaluation capacity of the youth, families, and practitioners to understand health data and use it to support organizational and system changes.

#### IX. Technical Assistance and Training

The Training/TA Coordinator position remained vacant during this reporting period. During this reporting period we continued to nurture the relationships developed with the community partners offering a variety of trainings important to our work with the population of focus. We continue to include University of Memphis and University of Mississippi students, JCFN enrolled parents, and JCFN staff in "Introduction to Wraparound" trainings facilitated by JCFN staff.

The MH staff, LFC and PD completed the Trauma Focused Cognitive Behavior Therapy community collaborative during this reporting period. The TF-CBT training was offered as part of a Memphis Community Based Learning Collaborative (MCBLC) sponsored by UTHSC. Staff also attended other related trainings (Violence as a Public Health Issue; Responding to Children & Families of the Incarcerated in the Community; Trauma Informed Care for Juveniles Webinar). Funding was also allocated for 10 parents/caregivers to attend FSS training in pursuit of certification.

# X. Workforce Development

The PD, Lead Evaluator and former Training/TA Coordinator continued to work with area institutions of higher education, providing training in Systems of Care and Wraparound approach to social work students (BS and MSW) during this reporting period.

#### **Challenges/Barriers:**

As the principal staff responsible for this area, the continued vacancy of the Training/TA Coordinator position presented challenges. During this reporting period staff participated in a series of trainings organized by partners as part of the planned sustainability.

#### XI. Sustainability

Think Sustain! continued to be the theme in all of our communications. The sustainability workgroup has developed the plan for implementation of the action steps identified during the strategic planning session. We began working with the TA Network during this report period regarding CLC, family organization development, and sustainability.

We continue to work to meet the match requirements through partnerships with our community providers and faith based organizations. During this reporting period this was accomplished primarily through maximizing the relationship with our mental health partner, the use of donated space for meetings and trainings from these organizations, and the increased participation of professionals and community volunteers in project activities and the governance groups. As part of JCFN social marketing/public education activities in May, we received in-kind match from several local media outlets including radio and television appearances by the PD and families on WDIA, WMC-TV, numerous Cumulus Radio networks, WLOK, WREG, and WPTY spreading mental health awareness which has continued beyond our May initiatives.

We will continue to expand our network in the community, including inviting new individuals and organizations to join the full partnership.

TDMHSAS meets match requirements through collaborations with multiple agencies involved in the System of Care initiative in Shelby County through the implementation of the Match Process Plan. Each agency, including TDMHSAS, contributes in-kind or cash match through both formal and informal agreements with other agencies, and/or by contributing the value of a certain percentage of staff salaries and/or indirect costs. Each match contribution (cash or in-kind) is tracked using one Microsoft Excel spreadsheet. At a minimum, the reports generated from this database must include specific information for each source of match as follows: description of meeting/event/project, date, location, number of hours, number of professionals in attendance, number of non-professionals in attendance, rental/service value, cash or in-kind value, explanation of service, and the rates for professional and non-professional time. This match tracking database contains information on match obtained on match from each collaborating agency. This process adheres to requirements of the Office of Management and Budget (OMB) Circular A-133. The match amounts for this reporting period are below.

<u>Source</u>	<u>Percentage</u>	Cash Match	<u>In-Kind</u>
Child Welfare	4%		\$50,000
Mental Health	64%		\$740,000
Education	5%		\$60,000
Juvenile Justice			
Substance Abuse			
Health			
Foundations			
Other (describe)	26%		\$305,000
TOTAL	100%		\$1,155,000

**Other:** Donations of goods and services, donated radio ads, space and volunteer and professional time for governance activities and meetings, non-reimbursable operating expenses.

#### XII. Lessons Learned

We continue to celebrate our successes and achievements, which include the recognition of our improved work in accomplishing the goals of the grant. The receipt of the American Psychiatric Foundation Award for Advancing Minority Mental Health recognized and affirmed the success of the wraparound approach in this community. The staff, families, youth and partners of the Just Care Family Network continue to work together on sustainability planning efforts designed to engage the community in a proactive way regarding education and outreach to combat stigma and promote meaningful involvement and engagement by families and youth in the current and future operation of the program. We continue building capacity within partner organizations, many of whom have received wraparound training and now embrace the wraparound approach.

This has shown us how effective the collaborations can be as we continue efforts to transform the children's mental health system in Memphis/Shelby County. Agreements with 31 community partners offering diverse array of services and supports has proven to be quite helpful in assisting us to meet the needs of the families we serve. The execution of the memoranda of agreements will support the continued "barrier busting" needed to truly transform the system of care in Memphis.

Our continued efforts to increase our enrollment numbers to meet the target established in the grant continued to be successful during this reporting period. The resolution of the conflict between staff from the various contract partners so visible during the last reporting period has created a much more efficient and effective environment for working with our families. Unfortunately staff turnover related to this tension and the impending grant end has resulted in a need to discontinue enrollment in July 2014.

As the project comes to an end, the focus of all work with families and youth during the proposed no cost extension year will be on sustainability of those components that are determined by families, youth and the community to be essential and appropriate for continuation by other groups in the community. The remaining work for JCFN will be to expand community education and outreach efforts to inform the community of the importance of recognition and awareness of children's mental health issues and support increasing family and youth involvement in leadership roles in these efforts. We will continue to work to incorporate SOC principles, values and practices into the overall child serving system through our work in collaboration with key stakeholders. JCFN is viewed as a neutral, non-threatening presence that facilitates meetings of collaborative partners, especially provider organizations, where they can share ideas and change approaches to how we work with youth with SED and their families.